

# About Me!

My name is...	Amy Frieden
My birthday is...	October 31
My role at Spiritridge is...	5 <sup>th</sup> AL Teacher
I love these colors the most...	Green, orange
My favorite flowers/plants are...	potted plants
My go to beverage is ...	Almond or Oat milk <sup>Decaf</sup> Coffee
Though, I really love to drink this as a treat...	Turmeric Oat milk latte
My favorite sweet treat is ...	Chocolate
My favorite salty treat is...	nuts
My favorite fruits are ...	all - ♥
My favorite veggies are ...	all - ♥
My favorite meal is...	healthy, vegan, GF
Candy or gum? Well, I do really like ...	mentos, mini snickers
I'm a SUPER FAN of ...	nature
My favorite spots to shop are...	REI, Target
My favorite hobbies are...	hiking, camping
The best school supply EVER...	stamps for grading
Some things that are EXTRA special and UNIQUE about me are...	or colored pens